

# SEPTEMBER 2018

## Litchfield Middle School

This Institution is an equal opportunity provider.

### MONDAY

**3**  
Labor Day  
No School

**10**  
Chicken Nuggets  
With dipping sauces  
Steamed Brown Rice  
Roasted Carrots  
Side Garden Salad  
Fruit & Milk Choices

**Meatless Monday**  
Meatless Monday  
Bosco Sticks &  
Marinara Cup  
Marinated Veggies  
100% Apple Juice  
Fruit & Milk Choices

**24**  
Popcorn Chicken  
Sub, Lettuce and  
Tomato, Crispy Potato  
Wedges Cheez-its,  
Applesauce  
Fruit and Milk Choices

### TUESDAY

**4**  
First Day of School  
Chicken Patty on Bun  
Lettuce & Tomato  
Cheez its, Baby Carrots  
& Hummus  
Fruit & Milk Choices

**11**  
Breakfast For Lunch  
Bagel Egg & Cheese  
Sandwich  
Waffle Fries  
Green Pepper Strips  
Fruit & Milk Choices

**Na'! Cheeseburger Day**  
Burger on Bun  
American Cheese  
Lettuce, Tomato  
French Fries  
Baby Carrots  
Fruit & Milk Choices

**25**  
Turkey BLT Wraps  
(Turkey, Bacon,  
Lettuce, Tomato)  
Waffle Fries  
Cucumber Slices  
w/Lemon Hummus  
Fruit & Milk Choices

### WEDNESDAY

**5**  
French Toast Sticks  
with Syrup Cup  
Crispy Hash Browns  
Grilled Sausage Patties  
Chilled Peaches  
Fruit & Milk Choices

**12**  
Hot Dog on Bun  
BBQ Baked Beans  
Broccoli/Ranch Dip  
Krinkle Cut Fries  
Fruit & Milk Choices

**19**  
No School  
Teacher Workshop

**26**  
Pasta with  
Meatballs  
Steamed Green Beans  
Shredded Cheese  
Side Caesar Salad  
Multigrain Roll  
Fruit & Milk Choices

### THURSDAY

**6**  
Beef Nachos  
Tortilla Chips  
Cheese, Salsa,  
Shredded Lettuce  
Steamed Corn  
Cucumber Slices  
Fruit & Milk Choices

**13**  
Deli Sliders (Turkey  
or Ham) American  
Cheese Lettuce &  
Tomato, Pickles  
Goldfish Crackers  
Fruit & Milk Choices

**20**  
Baked Penne Pasta  
Garlic Bread, Steamed  
Spinach  
Side Salad/Lt. Dressing  
Strawberry Fruit Ice  
Fruit & Milk Choices

**27**  
Chicken Fajitas  
Pepper and Onion  
Shredded Lettuce,  
Cheese, Salsa, Steamed  
Corn  
Brown Rice  
Fruit & Milk Choices

### FRIDAY

**7**  
Romano's Pizza  
Caesar Salad with  
croutons  
Cherry Tomatoes with  
Dip  
Fruit and Milk Choices

**14**  
Romano's Pizza  
Garden Salad  
Baby Carrots/Dip  
Strawberry Fruit Ice  
Fruit & Milk Choices

**21**  
Romano's Pizza  
Casear Salad with  
Croutons Roasted  
BBQ chickpeas  
Fruit & Milk Choices

**28**  
Romano's Pizza  
Garden Salad with  
Croutons  
Cherry Tomatoes  
Fruit & Milk Choices

### Alternatives

\*Yogurt Meal Option  
\*Salad Bar  
\*Sandwich Meal  
9/3-9/7 Tuna Sandwich  
9/10-9/14 Turkey and  
Cheese Sandwich  
9/17-9/21 Ham And  
Cheese Sandwich  
9/24 - 9/28 Chicken  
Salad Sandwich

Families may apply anytime  
during the school year for  
Free/Reduced Lunch  
Program at [Litchfield Free  
and Reduced App](http://Litchfield Free and Reduced App) or  
[lcrowley@litchfieldsd.org](mailto:lcrowley@litchfieldsd.org)  
Lunch price: \$2.50, Reduced  
.40¢ Milk price .50¢ Checks  
should be made payable to  
Litchfield School District.

Parents have access and  
online payment options  
through  
[https://www.myschoolbuck  
.com](https://www.myschoolbuck.com)

Follow Us On Twitter  
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Menu Subject to Change  
due to Product  
Availability and/or  
School Cancellations

### DID YOU KNOW...

The name September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began with March. There are 30 days in the month of September, which starts on the same day of the week as December each year but does not end on the same day of the week as any other month in the year.