

Litchfield Area Resources

Emergency Services

Dial **911** for emergencies in NH.

National Suicide Hotline 1-800-273-8255

Access

Acute Community Crisis Evaluation Service System extends help to anyone experiencing a personal or psychiatric crisis, 24 hours a day, 7 days a week. After needs are determined, a referral may be made to the most appropriate services, including outpatient services, partial or inpatient hospitalization, Patient & Family Services or other community resources.

Call 1-603- 577-2728 or come directly to the Emergency Department at Southern NH Medical Center in Nashua.

Community Council of Nashua Child and Adolescent (Mental Health) Services
15 Prospect Street, Nashua, NH 03060
603-889-6147 TTY 603-598-7134
24 hour Emergency Services 1-800-762-8191

- **Child Abuse Report Hotline** 1-800-894-5533 or 271-6556
- **Food Pantries Across the State**
<http://www.wmur.com/community/2643457/detail.html>
- **New Hampshire Coalition Against Domestic and Sexual Violence**
<http://www.nhcadsv.org/>
For **domestic violence**, call **1-866-644-3574**. For **sexual assault** call **1-800-277-5570**. If you are in immediate danger, call 911.
- **Attention Deficit/Hyperactivity Disorder**
ADDitude: Living Well with ADD and Learning Disabilities
<http://www.additudemag.com>
CHADD Children and Adults with AD/HD (links to NH chapter)
<http://www.chadd.org>
- **Autism Spectrum Disorder**
Kids Health on Autism
http://kidshealth.org/kid/health_problems/brain/autism.html
- **Depression, Anxiety, and other emotional disorders**
National Association of School Psychologists (NASP)
<http://www.nasponline.org>
- **American Academy of Pediatrics** <http://www.aap.org/>
- **Family Education and Parenting** <http://www.familyeducation.com>
- **Education for families and schools** <http://www.education.com>
provides parents of school-aged children with free access to information and resources to give them the answers they need — plus [activities](#) and [articles](#) that make learning together more fun for everyone.