

# LITCHFIELD SCHOOL DISTRICT

POLICY CODE: JLCA <i>Replaces JHCA</i>	<b>Amended: November 16, 2011</b> APPROVAL: January 21, 2009 Page 1 of 2
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## STUDENTS' PHYSICAL EXAMINATIONS

Each child shall have a complete physical examination within one year preceding first entry to school. The Litchfield School Board recommends that physical exams also be completed before entry into middle school and again before high school. No medical examination shall be required of a child whose parent or guardian objects thereto in writing on the grounds such medical examination is contrary to his/her religious tenets and teachings.

Parents of students transferring to the District shall present proof of meeting the physical examination requirement prior to or upon first entry into the District's schools. Failure to comply with this provision may result in exclusion from school for the child.

Prior to participation on a high school interscholastic athletic team, students shall provide written documentation that they have passed a physical within twelve (12) months prior to the first high school scheduled activity. Subsequently, an exam shall be completed at least once every two years, although an annual physical is recommended. This requirement does not apply to students participating in intramural athletics.

No child shall be excused from regular physical education except on the written notice of a duly licensed health care provider or on the written request of the parents, subject to the Superintendent's approval, in which case an alternative program shall be provided. The physical education teacher, school nurse, or principal, upon the request of the parents, may grant temporary excuses on a day-to-day basis.

### **Parent Notification - Certain Circumstances**

Pursuant to No Child Left Behind and the Protection of Pupil Rights Amendment, if the District utilizes federal money to perform physical exams or screenings on students, the District shall notify parent(s) of such physical exam or screening and shall allow the parents to "opt out" their child of any non-emergency physical exam or screening required as a condition of attendance, administered by the school or its agent and scheduled by the school, and not necessary to protect the immediate health and safety of a student or of another student, except for hearing, vision, or scoliosis screenings, or any physical exam or screening permitted or required under state law.

### **Legal Reference:**

*RSA 141-C:20-c, Exemptions*

*RSA 200:32, Physical Examination of Pupils*

*RSA 200:38, Control and Prevention of Communicable Diseases: Duties of School Nurse*

*NH Code of Administrative Rules, Section Ed. 311.03, Physical Examination of Students*

*No Child Left Behind, Title II, Sec 1061*

*Protection of Pupil Rights Amendment, 20 U.S.C. §1232h; 34 C.F.R. Part 98*

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*See Also:     Litchfield School Board Policies  
              Campbell High School Student Handbook  
              Campbell High School Athletic Handbook  
              NHIAA Rules and Regulations*

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